

## SPORTS NUTRITION INTERN

The Wisconsin Woodchucks are seeking a qualified individual for a Sports Nutrition Internship. This position is an entry-level position providing hands-on experience in collegiate baseball. The Sports Nutrition Intern must be available for all home games, along with any additional events assigned throughout the season.

### **Responsibilities Include:**

- Manage pre/post-game team meals for both home and away teams ensuring that they are in accordance with league nutrition standards.
- Help create nutrition plans for the players that will optimize on-field performance during the season.
- Help lead the team through stretching and range of motion exercises prior to games.
- Educate players on overall wellness including supplementation, workout routines and nutrition.
- Create educational materials on overall wellness for the players.
- All other duties as assigned.

### **Required Skills and Qualifications:**

- Must be a current college student (undergraduate or graduate) preferably enrolled in a health and wellness or sports performance program
- Requires ability to work flexible schedule including nights and weekends
- Comfortable interacting with all levels within organization
- Possess excellent written and oral communication skills
- Experience working with wellness, fitness, and nutrition
- Cooperation, responsiveness, dependability, and proper attitude in dealing with others including

The Wisconsin Woodchucks are located in Wausau, WI and are a part of the Northwoods League. To apply, please email a cover letter and resume to: [jobs@woodchucks.com](mailto:jobs@woodchucks.com)

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